

At Start Point, run around course 1 and 3/4 laps entering the course at "Enter". \{1 Perimeter Lap $=210^{\prime}, 3 / 4$ lap $=135^{\prime}-5^{\prime}=130^{\prime}$ '(entering course 5 ' short of complete 3/4 lap) $\}$. Follow the arrows to complete course. After completing the dummy drag, exit course to the left running a complete lap and ending at the Finish Line ( 1 lap plus an additional 24 ' for a total of 234 '. A Test Proctor will give specific instructions throughout the test. Must complete within 2 minutes and 6 seconds (2:06).

